

Cresthaven Academy

February 2024

Lunch

Sunda	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<i>All of our food is made fresh Daily.</i>	<i>Our Featured Wellness Item of the month is highlighted in orange.</i>			
				1 Beef and Cheese Burrito 1ea Black Beans 3/4c Bagged Baby Carrots 1/2c Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz	2 Whole Wheat Pizza 1ea Cauliflower 3/4 Cup 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz	3
4	5 Baked Chicken Patty on a Whole Wheat Bun 1ea Honey Glazed Whole Baby Carrots 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Ketchup 1ea	6 Cheese Quesidilla 3 oz Red Beans 3/4 cup Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz	7 PTC Lasagna Rollette w/ Marinara Sauce 1ea Wrapped WW Mountain Roll 1ea Spinach 3/4 Cup 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz	8 W.G Waffle 1ea Turkey Sausage Links 3ea Baked Home Fries 3/4 Cup Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Maple Syrup 1ea	9 Whole Wheat Pizza 1ea Green Beans 3/4 Cup 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz	10
11	12 Sloppy Joe on W/W Hamburger Bun 4 oz Maple Baked Beans 3/4 Cup 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Ketchup 1ea	13 W.G Chicken Nuggets 5ea Mashed Potatoes 3/4 Cup Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Ketchup 1ea	14 Homemade Ziti w/ Meat Sauce 6oz Wrapped Whole Wheat Bread 1ea Broccoli 3/4C 100% Apple Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz	15 Crispy Chicken Breast on Whole Wheat Bun 3oz Corn 3/4 Cup Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Ketchup 1ea	16 SCHOOL CLOSED	17
18	19 SCHOOL CLOSED	20 Baked Chicken Sticks 8ea Wrapped WW Mountain Roll 1ea Sliced Carrots 3/4 Cup Fresh Pear 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Ketchup 1ea	21 Macaroni and Cheese 6oz Wrapped WW Mountain Roll 1ea Broccoli 3/4C 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz	22 French Toast Sticks 3ea-3oz Turkey Sausage Links 3ea Baked Home Fries 3/4 Cup Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Maple Syrup 1ea	23 Whole Wheat Pizza 1ea Green Bean/Wax Bean Blend 3/4 cup 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz	24
25	26 W.G Pancakes 2ea Turkey Sausage Links 3ea Baked Home Fries 3/4 Cup 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Maple Syrup 1ea	27 Crispy Chicken Breast on Whole Wheat Bun 3oz Corn 3/4 Cup Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Ketchup 1ea	28 Homemade Baked Ziti 6oz Wrapped Whole Wheat Bread 1ea Spinach 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz	29 Stuffed Cheese Sticks 2ea Marinara Sauce 2oz Sliced Carrots 3/4 Cup Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz		